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First, unless you are living in adultery, your marriage, although it may be full of problems, is not merely a "mistake". It is a binding covenant between you and God. *Mal. 2:14; Rom. 7:2-3; 1 Cor. 7:13-14*

Second, you must vow to teach and warn others not to foolishly enter into a marriage as you did. *1 Tim. 1:13-16*

Third, you are right to look to the future, not to the past. *Phil.* **3:13-14**



Some Things You **MUST NOT** Do

- Do Not Divorce *Matt. 5:32; 19:9*
 - The Temptation To Do So May Increase Over Time
- Do Not Become Bitter –
 Eph. 4:31-32
 - Against Brethren, Friends,
 Family They Are Your Support
 System

Some Things You **MUST NOT** Do

- Do Not Withdraw Within Yourself –
 1 Kings 19:3-5
 - Not Attending Services, Isolating Yourself From Family, Friends, Social Events
- Do Not Let Your Physical Appearance
 Deteriorate 2 Sam. 12:20
 - Looking Like A Bum Leads To Acting Like One

Some Things You **MUST NOT** Do

- Do Not Return Evil For Evil Rom. 12:17-21
 - Your Mate, In Laws, Even Your Children Are Likely Targets
- Do Not Turn To Sin Drinking, Drugs *Prov. 23:29-35; Rom. 12:1-2; Titus 2:11-14*
 - These Will Only Increase Your
 Feelings Of Misery, Not Alleviate It,
 1 Tim. 6:9b

Some Things You **MUST** Do

Pray Without Ceasing – 1 Thess.
 5:17; Luke 18:1; James 5:17-18

– Ask Others To Pray For You And Your Mate – *Eph. 6:18-19; 2 Thess. 3:1-2*

• If It Be Possible, Live Peaceably With Your Mate – *Rom.* 12:18

 It May Not Be Possible, The Lord Knows And He Will Judge

Some Things You **MUST** Do

- Keep Yourself Pure 1 Thess. 5:22; Rev. 2:10
 - You Cannot Control Your Mate, But You Can Control Yourself
- Be An Example **1** *Tim.* **4:12**
 - In Everything Your Do, Say, Act,
 Do Not Give The Devil A Reason
 To Accuse You Of Wrong.

Some Things You **MUST** Do

- Guard Your Tongue–
 Col. 4:6; James 3:5-6
 - May Be Difficult Not To Retaliate, But Not Impossible!
 Prov. 15:1; 25:11, 23
- Love And Submit To Your Mate Eph. 5:25; 1 Pet. 3:1-2
 - Remember That It Was Your Choice!

Some Things You **MUST** Do

- Remember The Watching Eyes Of Your
 Children And Their Eternal Destiny –
 Psa. 78:5-8
 - The Faith Of Our Future Descendents Depends On What We Teach Our Children Today!
- Compare And Contrast The Pains And Pleasures Of This Life And The World To Come – Rom. 8:18; 2 Cor. 4:16-5:1; Heb. 11:24-26
 - Your Troubles Will Pass One Day!

