## "Are You Redeeming the Time?"

**Andy Sochor** 

Each week contains 10,080 minutes. What do people do with their time?

### The time spent by a fairly active church member on spiritual activities:

Attends on Sunday, three hours = 180 minutes
Attends on Wednesday night = 60 minutes
Reads the Bible two hours = 120 minutes
Prays 15 minutes daily = 105 minutes
Visits the sick, three hours = 180 minutes
Total time for the Lord = 645 minutes

## The time spent on other activities:

Sleeps daily, eight hours = 3,360 minutes
Works five days, eight hours each = 2,400 minutes
Recreation and rest = 3,675

#### His time:

Pleasure = 36.5% Sleep = 33.3% Work = 23.8%

For the Lord = 6.4%

# Northside church Of Christ

25 Greenfield Pike Hillsboro, OH 45133

churchofchristatnorthside.com

Visit Us On Facebook! Facebook.com/northsidehillsboro

#### Bryan Garlock

Office: 937.393.3634 Cell: 478.256.0325 preacher@churchofchristatnorthside.com

### **Announcements**

- o Remember the shut in's.
- Pray for the church and one another.
- Remember the spiritual sick among us.
- Call or email me to add announcements, thanks.

Chronological Bible Reading Plan

May 24 Ps 108-110
May 25 1 Chr 23-25
May 26 Ps 131, 138-139, 143-145
May 27 1 Chr 26-29, Ps 127
May 28 Ps 111-118
May 29 1 Kgs 1-2, Ps 37, 71, 94
May 30 Ps 119:1-88

# Are you a 6% Christian?

## Think about it!

[NOTE: The point of this is not to argue that work should be abandoned, that sleep is unnecessary, or that any amount of downtime is inappropriate. Instead, this should cause us to stop and examine our lives to be sure we are "making the most of [our] time" (Ephesians 5:16). More than likely, we will each find ways to increase the quantity and/or improve the quality of the minutes we devote to spiritual activities.]

[The above was slightly adapted from a sermon outline by A.W. Dicus entitled, 'Christian Economics.']

